when you start feeling like crap get some exercise in

all top brass who were non-committal in shooting the american people have been "retired." the military are paid mercenaries, beholden to .gov for their pay and pensions.

in new york city for a 6-month period, and the study categorized exposure as follows: cocaine exclusively;

a few sweets here and there are good for the soul, but eating more sugar and starch than your body can handle causes it to create hormones

he was dropped because of poor batting form which has lasted a year and replaced by joe root, whose quality and ease on the big stage has impressed one and all.

meanwhile, melt the butter in a large, ovenproof pan over a medium heat and add the garlic